



Prevent a Fall...

- Clear trip hazards
- Focus on one thing at a time
- Be active every day
- Learn about the effects of your medicines
- Have your vision checked

Protect Your Way of Life.

THUNDER BAY FALLS PREVENTION COALITION



FOR INFORMATION CALL
343-8063



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SUDBURY AND DISTRICT HEALTH UNIT



FOR INFORMATION CALL
522-9200



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OXFORD COUNTY FALLS PREVENTION COMMITTEE



FOR INFORMATION CALL
539-9800
1-800-755-0394



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COUNTY OF LAMBTON COMMUNITY HEALTH SERVICES DEPARTMENT



FOR INFORMATION CALL
383-8331
1-800-667-1839



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HURON COUNTY HEALTH UNIT



FOR INFORMATION CALL
519-482-3416



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FALLS PREVENTION COALITION FOR HASTINGS & PRINCE EDWARD

966-5513 EXT. 238



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THE GREY BRUCE COMMUNITY COALITION FOR THE PREVENTION OF FALLS IN OLDER ADULTS



FOR INFORMATION CALL
881-1920
1-800-821-7714



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CHATHAM-KENT FALLS PREVENTION COMMITTEE



FOR INFORMATION CALL
352-7270

