

*Community  
Action  
and 6  
Injury  
Prevention*

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*A Guide to support individuals and their community groups who are taking action to prevent injury.*

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## SOURCES OF RESOURCES

The following pages list associations, organizations, agencies and programs which specifically relate to injury and injury prevention. This list is not intended to be exhaustive. The Ontario Injury Prevention Resource Centre would appreciate hearing of any agency or program which could be added to this list.

### DISTRICT HEALTH COUNCILS

There are six planning regions in the Province of Ontario used by the Ontario Ministry of Health:

NW	- North West	CW	- Central West
NE	- North East	CE	- Central East
SW	- South West	E	- East

The District Health Councils are local health planning boards made up of a core professional staff and volunteers from the community. They have 15 to 19 members on average. District Health Councils encourage public participation in identifying local health issues and in planning and developing programs and services to meet local health needs. The Emergency Health Services Committees can be contacted through the District Health Councils. An "\*" after the name indicates that services are available in French.

### EMERGENCY HEALTH SERVICES (EHS) COMMITTEES

Each health planning area in Ontario has an Emergency Health Services (EHS) Committee. The coordinator of these committees is an important contact for injury prevention in your region.

Region	Lead DHC with an Area EHS Coordinator	Telephone
North West	Thunder Bay 1093 Barton St., Thunder Bay, P7B 5W3	(807) 623-6131
North East	Muskoka, Nipissing, Parry Sound & Timiskaming, 310 Algonquin Ave., North Bay, P1B 4W2	(705) 494-9216
Central West	Hamilton-Wentworth, 10 George St., # 301, Hamilton, L8P 1C8	(416) 570-1441 x 17
Central East	Durham, Haliburton, Kawartha & Pine Ridge, 159 King St. East, Suite 300, Peterborough, K9J 2R8.	(705) 748-2992
East	Quinte, Kingston, Rideau, 471 Counter St., Suite 400, Kingston, K7M 8S8	(613) 549-5253
South West	Grey-Bruce Huron Perth, P.O. Box 810, 235 St. George St., Mitchell, N0K 1N0	(519) 348-4498

### LOCAL OFFICIAL HEALTH AGENCIES

There are 42 Local Official Health Agencies in Ontario. The Public Health Units, as they are commonly called, fulfil a wide range of goals, including healthy growth and development, healthy lifestyle, communicable disease control and healthy environments. To reach these goals, a number of injury prevention objectives and programs are indicated. These include:

<u>Healthy Children:</u>	prevention of home and motor vehicle accidents, including appropriate use of child safety seats and seatbelts.
<u>Healthy Adolescents:</u>	reduction of mortality, injury, and disability from motor vehicle crashes (especially those related to drinking and driving), including promotion of occupant restraints.
<u>Healthy Elderly:</u>	reduction of the incidence of injury-related incidents among the elderly.

Contact your local official health agency for more information. They will be listed in your telephone directory, or their numbers can be obtained from your local District Health Council.

## COMMUNITY HEALTH CENTRES

Community Health Centres provide a wide variety of primary health care services and health promotion initiatives for specific geographic areas or groups within a community. The nature of the services and program will depend on the particular group being served. For more information about community health centres contact either your local District Health Council or the Association of Ontario Health Centres at 5233 Dundas St. W., Suite 403, Etobicoke, ON, M9B 1A6. Tel: (416) 236-2539. Fax: (416) 236-043, or at [www.aohc.org](http://www.aohc.org)

### DISTRICT HEALTH COUNCILS:

#### Algoma (NE)

123 March St., Suite 405  
Sault Ste Marie, ON, P6A 2Z5  
Tel: (705) 942-0200  
Fax: (705) 942-7579

#### Brant (CW)

233 Colborne St., Suite 304  
Brantford, ON, N3T 2H4  
Tel: (519) 756-1330  
Fax: (519) 756-6013

#### Cochrane (NE)

119 Pine St. S., Suite 203  
Timmins, ON, P4N 2K3  
Tel: (705) 264-9539  
Fax: (705) 264-8620

#### Durham Region (CE)

1614 Dundas St. E.,  
Suite 218  
Whitby, ON, L1N 8Y8  
Tel: (905) 433-4262  
Fax: (905) 433-2307

#### Eastern Ontario District Health Council\* (E)

132 Second St., Suite 301  
Cornwall, ON, K6H 1Y4  
Tel: (613) 933-9585  
Fax: (613) 933-3977

#### East Muskoka / Parry Sound (NE)

36 Chaffey St., Suite 202  
P.O. Box 3000  
Huntsville, ON, P1H 1J4  
Tel: (705) 789-4429  
Fax: (705) 789-6943

#### Essex County (SW)

4510 Rhodes Dr., Unit 720  
Windsor, ON, N8W 5C2  
Tel: (519) 944-5888  
Fax: (519) 944-0619

#### Grey Bruce (SW)

733 Ninth Ave. East, Unit 4  
Owen Sound, ON, N4K 3E6  
Tel: (529) 376-6691  
Fax: (519) 376-3074

#### Haldimand-Norfolk (CW)

R.R. # 6  
Hagersville, ON, N0A 1H0  
Tel: (905) 768-2244  
Fax: (905) 768-2226

#### Haliburton, Kawartha & Pine Ridge (CE)

159 King St. East, Suite 300,  
P.O. Box 544,  
Peterborough, ON, K9J 6Z6  
Tel: (705) 748-2992  
Fax: (705) 748-9600

#### Halton (CW)

700 Dorval Dr., Suite 510  
Oakville, ON, L6K 3V3  
Tel: (416) 842-2120  
Fax: (416) 842-7131

#### Hamilton-Wentworth\* (CW)

10 George St., Suite 301  
Hamilton, ON, L8P 1C8  
Tel: (905) 570-1441  
Fax: (905) 570-1202

#### Hastings & Prince Edward(E)

375 Dundas St. W., Suite 101  
Belleville, ON, K8P 1B3  
Tel: (613) 962-4660  
Fax: (613) 962-5130

#### Huron / Perth

235 George St.,  
General Delivery  
Mitchell, Ontario  
N0K 1N0  
Tel: (519) 271-1712  
Fax: (519) 271-1712

#### Kenora-Rainy River (NW)

104 Government Rd.  
Keewatin, ON, P0X 1C0  
Tel: (807) 547-2028  
Fax: (807) 547-2094

#### Kent County (SW)

75 Thames St.  
Chatham, ON, N7L 1S4  
Tel: (519) 351-1162  
Fax: (519) 351-6583

#### Kingston, Frontenac and Lennox & Addington (E)

471 Counter St., Suite 400  
Kingston, ON, K7M 8S8  
Tel: (613) 549-5253  
Fax: (613) 542-9223

#### Lambton (SW)

265 North Front St.,  
Suite 401  
Sarnia, ON, N7T 7X1  
Tel: (519) 337-5485  
Fax: (519) 337-9293

**Manitoulin-Sudbury\* (NE)**

336 Pine St., Suite 300  
Sudbury, ON, P3C 1X8  
Tel: (705) 675-5654  
Fax: (705) 675-2870

**Metropolitan Toronto\* (CE)**

4141 Yonge St., Suite 200  
Willowdale, ON, M2P 2A8  
Tel: (416) 222-6522  
Fax: (416) 222-5587

**Niagara\* (CW)**

1428 Pelham St.,  
P.O. Box 1220  
Fonthill, ON, L0S 1E0  
Tel: (905) 892-5771  
Fax: (905) 892-1593

**Nipissing-Timiskaming**

310 Algonquin Avenue  
North Bay, ON, P1B 2T5  
Tel: (705) 494-9126  
Fax: (705) 499-9121  
1 (800) 410-4035

**Ottawa-Carleton Regional  
(E)**

955 Green Valley Cres., Suite  
350  
Ottawa, ON, K2C 3V4  
Tel: (613) 723-1440  
Fax: (613) 723-5162

**Peel\* (CE)**

Plaza II, Suite 220  
350 Rutherford Rd. S.  
Brampton, ON, L6W 4N6  
Tel: (416) 455-4856  
Fax: (416) 455-5285

**Renfrew County**

12 International Dr.,  
R.R. # 4  
Pembroke, ON, K8A 6W5  
Tel: (613) 732-2335  
Fax: (613) 732-8719

**Rideau Valley (E)**

1 Abel St., Box 487  
Smiths Falls, ON, K7A 4T4  
Tel: (613) 283-6980  
Fax: (613) 283-3177

**Simcoe County\* (CE)**

11 Victoria St., Suite 216  
Victoria Square  
Barrie, ON, L4N 6T3  
Tel: (705) 734-9960  
Fax: (705) 734-9987

**Thames Valley\* (SW)**

University of Western Ontario  
Research Park  
100 Collip Circle, Suite 105  
Gordon J. Mogenson Bldg.  
London, ON, N6G 4X8  
Tel: (519) 858-5015  
Fax: (519) 858-5016

**Thunder Bay (NW)**

1093 Barton St.  
Thunder Bay, ON, P7B 5N3  
Tel: (807) 623-6131  
Fax: (807) 623-0355

**Waterloo Region (CW)**

75 King St. S., Suite 218  
Waterloo, ON, N2J 1P2  
Tel: (519) 884-6390  
Fax: (519) 884-0445

**Wellington-Dufferin (CW)**

231 Woodlawn Rd. W., Unit  
118  
Guelph, ON, N1H 8J1  
Tel: (519) 836-7440  
Fax: (519) 836-7177

**West Muskoka / Parry  
Sound (NE)**

17 James St., 2nd floor  
Parry Sound, ON, P2A 1T4  
Tel: (705) 746-5141  
Fax: (705) 746-8156

**York Region**

1091 Gorham St., Suite 300  
Newmarket, ON, L3Y 7V1  
Tel: (905) 830-9899  
Fax: (905) 830-9903  
(416) 798-7213 (Toronto line)

The current 33 District Health Councils will be merging, to result in 16 DHCs in 1998. Although the configuration has been drafted, the locations for the amalgamated DHCs are not known at the time of printing.

Please use the local number to be advised as to where to direct your inquiries. You may also phone the Ontario Injury Prevention Resource Centre at (800) 267-6817 for further information.

The configuration is expected to be:

**North West (1)**

~ Thunder Bay and Kenora /Rainy River

**North East (2)**

~ Algoma/Cochrane/  
Manitoulin-Sudbury  
~ Nipissing-Timmiskaming/  
Muskoka-Parry Sound

**East (2)**

~ Eastern Ontario/Ottawa /Renfrew  
~ Kingston/Hastings-Prince  
Edward/Rideau Valley

**Central East (4)**

~ Durham/HKPR  
~ Metro Toronto  
~ Peel/ Halton  
~ Simcoe/York

**Central West (4)**

~ Waterloo/Wellington-Dufferin  
~ Brant/Haldimand-Norfolk  
~ Hamilton Wentworth  
~ Niagara

**Southwest (3)**

~ Essex/Kent/Lambton  
~ Grey-Bruce/Huron Perth  
~ Thames Valley

[Note: See list of District Health Councils at end of document.]

## GENERAL RESOURCES

### Active Living

1600 James Nasmyth Driv, Suite 601  
 Gloucester, ON, K1B 5N4  
 Tel: (613) 748-5743  
 Fax: (613) 748-5734  
 www.activeliving.ca

*Builds partnerships with other sectors to improve health and quality of life through regular physical fitness.*

### Canadian Centre for Occupational Health and Safety

250 Main St. E.  
 Hamilton, ON, L8N 1H6  
 Tel: (905) 572-4400, 1-800-263-8466  
 Fax: (905) 572-4500  
 Email: custservice@ccoohs.ca

*Inquiry prevention services and publications.*

### Canadian Coalition for Agricultural Health and Safety

Box 76, 103 Hospital Drive  
 Saskatoon, SK, S7N 0W8  
 Tel: (306) 966-8288  
 Fax: (306) 966-8891  
 Email: ccasrh@sdh.sk.ca

### Canadian Red Cross Society, Ontario Zone

5700 Cancross Ct.  
 Mississauga, ON, L5R 3E9  
 Tel: (905) 890-1000  
 Fax: (905) 890-0854

www.redcross.ca/ontario

*Contact your local office (over 60) for Safety Services, Community Health Services and Emergency Disaster Services*

### Canadian Standards Association

178 Rexdale Blvd.  
 Rexdale, ON, M9W 1R3  
 Tel: (416) 747-4058  
 Fax: (416) 747-2475  
 www.csa.ca

Certification: certinfo@csa.ca

*Information Centre and Library. Development of voluntary standards that promote a high level of safety. Please report any problems with CSA Certified products to the Information Centre.*

### Farm Safety Association Inc.,

22-340 Woodlawn Rd. West  
 Guelph, ON, N1H 7K6  
 Tel: (519) 823-5600, 1-800-361-8855  
 Fax: (519) 823-8880  
 www.fsai.on.ca

Email: info@fsai.on.ca

*Lead agency for CASP (Canadian Agricultural Safety Program), holds a national database of agricultural injuries, safety and health materials. See <http://aceis.agr.ca/policy/adapt/casp> for descriptions of projects.*

### Government of Canada

#### Reference Canada

Tel: 1-800-667-3355  
 TTY: 1-800-465-7735

*Information and Referral to Federal Programs and Services*

### Health Canada Information Line

Tel: (416) 973-4389

### Product Safety

Health Protection Branch  
 2301 Midland Ave  
 Scarborough, ON, M1P 4R7  
 Tel: (416) 973-4705 (voice mail)  
 Hamilton Office  
 Tel: (905) 572-2845  
 www.hwc.ca/hpb/

### Health Promotion Branch, Ontario Region

Population Health Fund  
 Tel: (416) 954-5587  
 Fax: (416) 973-0009  
 www.hwc.ca  
 Email: rita\_lemick@inet.hwc.ca  
*For information on funded programs.*

### Life Saving Society, Ontario Branch

322 Consumers Rd.  
 North York, ON, M2J 1P8  
 Tel: (416) 490-8844  
 Fax: (416) 490-8766  
 National Office (613) 746-5694  
 www.lifesaving.ca/ontario/ontario.htm  
 Email: experts@lifeguarding.com  
*Training and water safety programs.*

**Metropolitan Toronto Police**

40 College St.  
Toronto, ON, M5G 2J3  
Tel: (416) 808-7050  
www.mtps.on.ca  
www.cpinet.org/  
*Community Policing Support.*

**Office for Injury Prevention and PARTY**

Sunnybrook Health Science Centre  
Rm. H259, 2075 Bayview Avenue  
North York, ON, M4N 3M5  
Tel: (416) 480-5912  
Fax: (416) 480-6865  
*PARTY Program, Daredevil?, Toronto Injury  
Prevention Coalition*

**Ontario Brain Injury Association**

P.O. Box 2338  
St. Catharines, ON, L2M 7M7  
1-800-263-5404  
Tel: (905) 641-8877  
Fax: (905) 641-0323  
www.obia.on.ca  
Email: obia@obia.on.ca  
*Project Headgear, Neurotrauma Initiative,  
research, training and caregiver support.*

**Ontario Government Bookstore**

880 Bay St., 1st floor  
Toronto, ON, M7A 1N8  
*Mail Order Service:*  
880 Bay St., 5th floor  
Toronto, ON, M7A 1N8  
Tel: (416) 326-5300, 1-800-668-9938  
www.gov.on.ca/MBS/publications/

**Ontario Ministry of Agriculture,  
Food and Rural Affairs  
Information Centre**

Tel: 1-888-466-2372  
*follow the menu selection*

**Ontario Ministry of Health**

**Communications Branch**

1-800-268-1154  
Tel: (416) 327-4343  
TDD: 1-800-387-5559  
Fax: (416) 327-8791  
www.gov.on.ca/health/

**Infoline**

1-800-268-1154  
Tel: (416) 314-5518  
Ministry of Health  
2195 Yonge St.  
Toronto, ON, M5W 1G9  
www.gov.on.ca/health

**French Language Health Services**

5700 Yonge St., 3rd floor  
North York, ON, M2M 4K5  
Tel: (416) 327-8975  
Fax: (416) 327-8980  
*Not a translation service, but will assist you to  
locate your needs.*

**Ontario Prevention Clearinghouse**

415 Yonge St., Suite 1200  
Toronto, ON, M5B 2E7  
1-800-263-2846  
Tel: (416) 408-2121  
Fax: (416) 408-2122  
www.opc.on.ca  
Email: info@opc.on.ca  
*A resource centre for health promotion and  
prevention activities.*

**Ontario Healthy Communities Coalition**

415 Yonge Street, Suite 1202  
Toronto, ON, M5B 2E7  
Tel: (416) 408-4841, 1-800-766-3418  
Fax: (416) 408-4843  
www.opc.on.ca/ohcc/index.html  
Email: emma@opc.on.ca  
*A province wide network that supports healthier  
communities through cooperative efforts,  
provides resources, training and communication  
services.*

**Ontario Provincial Police**

Community Policing Development Centre,  
Community Issues Manager  
777 Memorial Avenue,  
Orillia, ON, L3V 6H1  
Tel: (705) 329-6140  
Fax: (705) 329-6160  
www.gov.on.ca/opp  
*Promotes sharing of issues, data, and strategies,  
such as STOP Program, marine initiatives,  
community-driven driver watch programs, and  
traffic program development.*

**Ontario Public Health Association**

468 Queen St. E., Suite 202  
Toronto, ON, M5A 1T7  
Tel: (416) 367-3313, 1-800-267-6817  
Fax: (416) 367-2844  
injury@web.net  
www.web.net  
*Ontario Injury Prevention Resource Centre  
Bev Woods, Project Co-ordinator*

**Ontario Safety League**

21 Four Seasons Place, Suite 100  
Etobicoke, ON, M9B 6J8  
Tel: (416) 620-1720  
Fax: (416) 620-5977  
www.osl.org  
Email: info@osl.org  
*Traffic safety training for driving instructors,  
drivers and Elmer for children and contact for  
Community Safety Councils.*

**Ontario Sports & Recreation Centre**

1185 Eglinton Ave. East  
North York, ON, M3C 3C6  
Tel: (416) 426-7000, 1-800-668-7744  
Fax: (416) 426-7381  
www.onsport.org  
Email: hstewart@orsc.com  
*SafetyNet electronic mailing list, a focal point  
for amateur sport and recreation and a resource  
for safety information and data.*

**Ontario Trauma Registry**

c/o Canadian Institute for Health Information  
250 Ferrand Dr., Box 3900  
Don Mills, ON, M3C 2T9  
Tel: (416) 429-0464  
Fax: (416) 429-1953  
www.cihi.ca  
Email: stracy@cihi.ca  
*Regular statistical updates available for Ontario  
and Canada.*

**ParticipACTION**

Box 64, 40 Dundas St. W., Suite 220  
Toronto, ON, M5G 2C2  
Tel: (416) 954-1212  
Fax: (416) 954-4949  
Email: fitness@participation.com

**St. John Ambulance Ontario Council**

46 Wellesley St. East  
Toronto, ON, M4Y 1G5  
1-800-268-7581  
Tel: (416) 923-8411  
Fax: (416) 923-4856  
www.sja.ca  
Email: on@sja.ca  
*65 branches in Ontario, active in community  
based activities: First Aid, CPR, We Can Help  
(grade 3 students).*

**Safe Communities Foundation**

64 Charles St. East, Suite 201  
Toronto, ON, M4Y 1T1  
Tel: (416) 964-0008  
Fax: (416) 964-0089  
www.safecommunities.ca  
Email: info@safecommunities.ca  
*Supports innovative community initiatives.*

**Trauma Prevention Council  
of Hamilton-Wentworth**

Hamilton General Hospital  
237 Barton St. E., East Wing, 4<sup>th</sup> floor  
Hamilton, ON, L8L 2X2  
Tel: (905) 528-7149  
Fax: (905) 525-4994  
Email: ldayler@skyline.net  
*Community-based programming for seniors,  
youth, children and traffic issues.*

**Canada Safety Council**

1020 Thomas Spratt Place  
Ottawa, ON, K1G 5L5  
Tel: (613) 739-1535  
Fax: (613) 739-1566  
www.safety-council.org  
Email: csc@safety-council.org

**Canadian Children's Safety Network**

*c/o SMARTRISK Foundation*  
468 Danforth Avenue, Suite 301  
Toronto, ON, M4J 5B9  
Tel: (416) 463-9878  
Fax: (416) 463-037  
www.smartrisk.ca  
Email: choose@smartrisk.ca

*Electronic connection with others working in child/youth injury prevention.*

**Canadian Council on Social Development**

441 MacLaren Ave., 4th floor  
Ottawa, ON, K2P 2H3  
Tel: (613) 236-8977  
Fax: (613) 236-2750  
www.ccsd.ca  
Email: council@ccsd.ca  
*Data on poverty and risk factors for children and youth.*

**Canadian Institute of Child Health**

885 Meadowlands Drive, Suite 512  
Ottawa, ON, K2C 3N2  
Tel: (613) 224-4144  
Fax: (613) 224-4145  
www.cich.ca  
*Child health monitoring and injury prevention resources.*

**Canadian Tire Child Protection Foundation**

2180 Yonge St., 18 th floor  
Toronto, ON, M4P 2V8  
1-800-748-8903 to order materials  
Tel: (416) 480-3828  
Fax: (416) 480-8556  
www.canadiantire.ca  
*Provides support for national programs: CycleSafe, Kiddestrians, Learn not to Burn, AquaQuest, and Stay Alert..Stay Safe (see individual listing for this program)*

**Centre for Health Information and Injury Prevention (CHIP)**

c/o Hospital for Sick Children  
Tel: (416) 813-5819  
Fax: (416) 813-6715  
www.sickkids.on.ca  
Email: sheryl.mitchel@mailhub.sickkids.on.ca  
*A resource centre to help prevent illness and injury in children.*

**Health Canada: Child Injury Division**

LCDC Building  
Tunney's Pasture, PL 0601E2  
Ottawa, ON, K1A 0L2  
Tel: (613) 941-9918  
Fax: (613) 941-9927  
www.hc-sc/hpb/lcdc  
*CHIRPP (Canadian Hospitals Injury Reporting and Prevention Program) Injury Reports*

**Infant and Toddler Safety Association**

385 Fairway Rd. S., Suite 4A-230  
Kitchener, ON, N2C 2N9  
Tel: (519) 570-0181  
Fax: (519) 576-3076 (call first to send fax)  
*Issues about young children, skills for child proofing, car seats, child product fact sheets, newsletter.*

**Ontario Cycling Association**

*c/o Ontario Sports & Recreation Centre Inc.*  
1185 Eglinton Ave. E.  
North York, ON, M3C 3C6  
Tel: (416) 426-7242  
Fax: (416) 426-7349  
www.ontariocycling.org

**Ontario Physical and Health Education Association OPHEA**

1185 Eglinton Ave. East  
North York, ON, M3C 3C6  
Tel: (416) 426-7120  
Fax: (416) 426-7373  
www.ophea.org  
Email: info@ophea.org  
*Research, resources, programs, and advocacy for children and youth.*

**SAFE KIDS Canada**

180 Dundas St. W., Suite 1300  
Toronto, ON, M5G 1Z8  
Tel: (416) 813-7290  
Fax: (416) 813-4986  
Email: safekids@sickkids.on.ca  
*National focus on child safety issues.*

**Stay Alert ... Stay Safe**

2180 Yonge St., 17th floor  
Toronto, ON, M4P 2V8  
Tel: (416) 480-8225  
Fax: (416) 480-8556  
www.sass.ca  
Email: sass@inforamp.net  
*A streetproofing program for kids age 7-11 that enhances decision-making skills, supported with materials for teachers, parents and community groups.*

**SMARTRISK Foundation**

Suite 301, 658 Danforth Avenue  
Toronto, ON, M4J 5B9  
Tel: (416) 463-9878  
Fax: (416) 463-0137  
www.smartrisk.ca  
Email: choose@smartrisk.ca  
*Heroes, Stupid Line and CCSN Online*

**ThinkFirst** (for Teens and for Kids)

c/o The Toronto Hospital, Western Division  
399 Bathurst St.  
Toronto, ON, M5T 2S8  
Tel: (416) 369-5503  
Fax: (416) 603-7795  
*In school presentation for teens, and curriculum-based program for kids.*

**Toronto City Cycling Committee**

Toronto City Hall  
12th floor, East Tower  
100 Queen St. W.,  
Toronto, ON, M5H 2N2  
Tel: (416) 392-7592  
Fax: (416) 392-0071  
www.city.toronto.on.ca

**War Amputations of Canada Toronto Branch**

1 Maybrook Drive  
Toronto, ON, M1V 5K9  
1-800-267-7487  
Tel: (416) 297-2660  
Fax: (416) 297-2650  
www.waramps.ca  
*Play Safe, Drive Safe, Safety walks, Champs Program, videos and materials*

**Workers' Health and Safety Centre**

15 Gervais Dr., Suite 802  
Don Mills, ON, M3C 1Y8  
1-888-869-7950  
Tel: (416) 441-1939  
Fax: (416) 441-1043  
www.whsc  
*A worker-driven health and safety delivery organization with a special interest in young workers.*

## PREVENTION OF INJURIES TO MOTOR VEHICLE OCCUPANTS

### **Addiction Research Foundation**

33 Russell St.  
Toronto, ON, M5S 2S1  
1-800-661-1111 for resources  
Tel: (416) 595-6059, 1-800-INFO-ARF  
Fax: (416) 593-4694  
www.arf.org  
*Resources, information and data on alcohol, tobacco and other drugs.*  
<http://sano.org>  
*A public computer network for addiction-related information.*

### **Bacchus Canada**

Box 312, Station "D"  
Toronto, ON, M6P 3J9  
Tel: (416) 243-1338  
Fax: (416) 243-2339  
www.bacchus.ca  
Email: bacchus\_canada@campuslife.utoronto.ca  
*Post-secondary student organization dedicated to responsible habits and attitudes toward the use or non-use of beverage alcohol-resources, campaigns, chapters.*

### **Canadian Centre on Substance Abuse**

75 Albert Street, Suite 300  
Ottawa, ON, K1P 5E7  
Tel: (613) 235-4048  
Fax: (613) 235-8101  
www.ccsa.ca  
Email: webmaster@ccsa.ca  
*Information on the nature, extent and consequence of substance abuse.*

### **Ontario Ministry of Transportation Road Safety Marketing Branch**

1201 Wilson Ave., Rm 215, East Tower  
Downsview, ON, M3M 1J8  
Tel: (416) 235-3585  
Fax: (416) 235-3633  
www.mto.gov.on.ca

### **Regional Planners:**

#### ***Eastern***

Tel: (613) 545-4608  
Fax: (416) 545-4781

#### ***Northern***

Tel: (705) 497-5453  
Fax: (705) 497-5439

#### ***Central Core and Road Safety Challenge***

Tel: (416) 235-5118  
Fax: (416) 235-4670

#### ***Central Outlying and Truck Safety Issues / Seat belts***

Tel: (416) 235-3598  
Fax: (416) 235-3633

#### ***Northwestern***

Tel: (807) 473-2198  
Fax: (807) 473-2167

#### ***Southwestern***

Tel: (519) 649-3098  
Fax: (519) 649-3150

#### ***Drinking / Driving***

Tel: (416) 235-4995  
Fax: (416) 235-3633

#### ***Winter Driving / Aggressive Driving***

Tel: (416) 235-4880  
Fax: (416) 235-3633

#### ***Seat Belts / Child Restraints / School Buses / Bikes / Seniors / Pedestrians***

Tel: (416) 235-4489  
Fax: (416) 235-3633

#### ***Seatbelts / Grants / Newsletters***

Tel: (416) 235-4866  
Fax: (416) 235-3633

#### ***Road Report***

Tel: (416) 235-1110, 1-800-268-1376  
Summer construction (May-Oct)  
Winter driving (Dec-Apr)

#### ***Information Services***

Tel: (416) 235-4686, 1-800-268-4686  
TDD: (416) 235-4902  
Fax: (416) 235-5072

**Ontario Students Against Impaired Driving /  
Elèves Ontariens contre l'Ivresse au Volant  
(OSAID / EOCIV)**

101-264 Queen's Quay West  
Toronto, ON, M5J 1B5  
Tel: (416) 248-5324  
Fax: (519) 924-3801  
<http://members.tripod.com/~osaid/index.htm>  
*temporary check search engine for new web  
address*

**MADD Canada**

6507C Mississauga Road  
Mississauga, ON, L5N 1A6  
Tel: (905) 813-6233, 1-800-665-MADD  
Fax: (905) 813-8920  
[www.madd.ca](http://www.madd.ca)  
Email: [maddinfo@madd.ca](mailto:maddinfo@madd.ca)  
*Mothers Against Drunk Driving - advocacy,  
victim support, resources, local chapters,  
newsletter.*

**New Directions**

White Pines Business Complex,  
Chiefswood Rd.,  
P.O. Box 160  
Ohsweken, ON, N0A 1M0  
Tel: (519) 445-2947  
Fax: (519) 445-4388  
*Prevention of impaired driving in native  
people's community.*

**Traffic Injury Research Foundation of  
Canada  
Fondation de Recherches sur les Blessures de  
la Route au Canada**

171 Nepean St., Suite 200  
Ottawa, ON, K2P 0B4  
Tel: (613) 238-5235  
Fax: (613) 238-5292  
Email: [tirf@sonrtis.com](mailto:tirf@sonrtis.com)  
*Impaired driving and human factors statistics.*

**Transport Canada**

*Road Safety*  
344 Slater St., 13th floor,  
Canada Building  
Ottawa, ON, K1A 0N5  
Tel: (613) 998-8616, 1-800-333-0371  
Fax: (613) 990-2912  
[www.tc.gc.ca](http://www.tc.gc.ca)  
*Air bags, school buses and seat belts.*

## PREVENTION OF FALLS IN THE ELDER POPULATION

### **Advocacy Centre for the Elderly**

2 Carlton Street, Suite 701  
Toronto, ON, M5B 1J3  
Tel: (416) 598-2656  
Fax: (416) 598-7924

### **Alzheimer Association of Ontario**

1200 Bay St., Suite 202  
Toronto, ON, M5R 2A5  
Tel: (416) 967-5900  
Fax: (416) 967-3826  
Email: [alzheimeront@sympatico.ca](mailto:alzheimeront@sympatico.ca)  
*Outside Toronto, contact local Alzheimer Society*

### **Arthritis Society, Ontario Division**

393 University Ave., Suite 1700  
Toronto, ON, M5G 1E6  
1-800-321-1433  
Tel: (416) 979-3760  
*Arthritis Support and Information Line*

### **Canada Mortgage & Housing Corporation Ontario Regional Office**

650 Lawrence Ave. W.  
Toronto, ON, M6A 1B2  
Tel: (416) 781-2451  
Fax: (416) 781-4473  
*Outside Toronto: Contact local CMHC office*  
[www.cmhc-schl.qc.ca](http://www.cmhc-schl.qc.ca)

### **Residential Rehabilitation Assistance Program**

### **Canadian National Institute for the Blind, Ontario Division**

1929 Bayview Ave.  
Toronto, ON, M4G 3E8  
Tel: (416) 486-2500  
Fax: (416) 480-7503  
[www.cnib.org](http://www.cnib.org)  
*Ask for Seniors Liaison.*

### **Ontario Medical Association**

525 University Ave., Suite 300  
Toronto, ON, M5G 2K7  
Tel: (416) 599-2580, 1-800-268-7215  
Fax: (416) 599-9309  
[www.oma.org](http://www.oma.org)  
*Early position paper on falls in the elder population.*

### **Home Safe Home Road Show**

South Riverdale Community Health Centre  
1091 Queen Street East  
Toronto, ON, M4M 1K7.  
Tel: (416) 469-3917  
Fax: (416) 469-3442  
*Injury Prevention kit: video, workshop manual and resources in English and Cantonese.*

### **Ontario Association for Community Living**

240 Duncan Mill Rd.  
Don Mills, ON, M3B 3P1  
Tel: (416) 447-4348  
Fax: (416) 447-8974  
[www.acl.on.ca](http://www.acl.on.ca)  
*Will put callers in touch with local associations.*

### **Ontario Coalition of Senior Citizen Organizations**

25 Cecil St., 3rd floor  
Toronto, ON, M5T 1N1  
Tel: (416) 979-7057  
Fax: (416) 979-5826  
*Represent over 100 Senior's Groups*

### **Ontario Community Support Association**

970 Lawrence Ave. W., Suite 104  
Toronto, ON, M6A 3B6  
1 (800) 267-6272  
Tel: (416) 256-3010  
Fax: (416) 256-3021  
[www.ocsa.on.ca](http://www.ocsa.on.ca)  
Email: [oscainfo@osca.on.ca](mailto:oscainfo@osca.on.ca)  
*Provincial referral to meals on wheels, home making and home support.*

## **Ontario Ministry of Health**

### *Assistive Devices Program*

1-800-268-6021

*For persons with long term disability-must apply for assistance before purchasing device.*

### **Info Line**

Tel: 314-5518, 1-800-268-1154

### *InfoAbility Line*

Tel: (416) 482-4359, 1-800-665-9092

*Information sources for vulnerable adults*

### **Long Term Care Branch**

Tel: (416) 327-8952, 1-800-595-9394

*Regional offices, offering community support services and supportive housing projects.*

### **Community Health Branch**

5700 Yonge St., 4th floor

North York, ON, M2M 4K5

Tel: (416) 327-7535

Fax: (416) 327-7550

[www.gov.on](http://www.gov.on)

*Administers the 56 Community Health Centres see also [www.aohc.org](http://www.aohc.org)*

### **Health Information Centre**

2195 Yonge St., 4th floor

Toronto, ON, M4S 2B2

Tel: (416) 327-4327, 1-800-268-1153

TDD: 1-800-387-5559

Fax: (416) 314-8721

*Call re seniors' issues.*

## **Ontario Ministry of Housing**

### **Communications Branch**

777 Bay St., 17th floor

Toronto, ON, M5G 2E5

Tel: (416) 585-7025

Fax: (416) 585-6227

### **Ontario Senior's Secretariat**

Tel: (416) 326-9906

[www.gov.on.ca/health/seniors](http://www.gov.on.ca/health/seniors)

*Policy development on seniors issues.*

## **Parkinson Foundation of Canada**

390 Bay St., Suite 710

Toronto, ON, M5H 2Y2

Tel: (416) 366-0099, 1-800-565-3000

Fax: (416) 366-9190

[www.parkinson.ca](http://www.parkinson.ca)

*Local chapters meet local needs, some with exercise programs.*

## **St. Elizabeth Visiting Health Care**

90 Allstate Parkway, Suite 300

Markham ON, L3R 6H3

Tel: (905) 940-9655, 1-888-429-1204

Fax: (905) 940-9918

*Nursing services, home support, active in community based activities.*

## **Senior Care**

530 Wilson Ave., 4th floor

North York, ON, M3H 1T6

Tel: (416) 635-2860

Fax: (416) 635-9492

*Help in homes, Toronto area only.*

## **United Senior Citizens of Ontario**

3033 Lakeshore Blvd. W.

Toronto, ON, M8V 1K5

Tel: (416) 252-2021, 1-888-320-2222

Fax: (416) 252-5770

*Advocacy group representing 300,000 seniors. Newsletter and annual convention.*

## **Victorian Order of Nurses (Ontario)**

### **Administration Office**

124 Merton St., Suite 500

Toronto, ON, M4S 2Z2

Tel: (416) 488-0494

Fax: (416) 488-0522

*Over 30 branches providing Home Support Programs such as respite-care services, senior day-care programs, home help, transportation to doctor and shopping, friendly visiting, depending on individual branch resources.*



**Ontario Injury Prevention Resource Centre**

c/o Ontario Public Health Association

468 Queen Street East, Suite 202

Toronto, ON M5A 1T7

Tel: (416) 367-3313 / 1-800-267-6817, ext. 25

Fax: (416) 367-2844

E-mail: [injury@web.net](mailto:injury@web.net)

Website? <http://www.opha.on.ca/opha/>

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## District Health Councils

(October 1999)

Algoma, Cochrane,  
Manitoulin & Sudbury DHC  
336 Pine St.  
Sudbury ON, P3C 1S8

Tel: 705 675-5654  
Fax: 705 675-2870

Champlain DHC  
955 Green Valley Dr.,  
Suite 350  
Ottawa ON, K2C 4V4

Tel: 613 723-1440  
Fax: 705 723-5162

Durham, Haliburton,  
Kawartha and Pine Ridge  
DHC  
159 King St. East, Suite 300  
Peterborough ON, K9J 2R8

Tel: 705 748-2992  
Fax: 705 748-9600

Essex, Kent & Lambton  
DHC  
4510 Rhodes Dr., Unit 720  
Windsor ON, N8W 5K5

Tel: 519 944-5888  
Fax: 519 944-0619

Grand River DHC  
233 Colborne St., Suite 304  
Brantford ON, N3T 2H4

Tel: 519 756-1330  
Fax: 519 756-6013

Grey Bruce Huron Perth  
DHC  
235 St. George Street,  
P.O. Box 610  
Mitchell ON, N0K 1N0

Tel: 519 348-4498  
Fax: 519 348-9749

Halton-Peel DHC  
350 Rutherford Rd. South,  
Plaza II, Suite 220  
Brampton ON, L6W 4N6

Tel: 905 455-4856  
Fax: 905 455-5285

Hamilton-Wentworth DHC  
10 George St., Suite 301  
Hamilton ON, L8P 1C8

Tel: 905 570-1441  
Fax: 905 570-1202

Metropolitan Toronto DHC  
4141 Yonge St., Suite 200  
Willowdale ON, M2P 2A8

Tel: 416 222-6522  
Fax: 416 222-5587

Niagara Region DHC  
1428 Pelham St.,  
P.O. Box 1220  
Fonthill ON, L0S 1E0

Tel: 905 892-5771  
Fax: 905 892-1593

Northern Shores DHC  
310 Algonquin Ave.  
North Bay ON, P1B 4W2

Tel: 705 494-9126  
Fax: 705 494-9127

Northwestern Ontario DHC  
1093 Barton St.  
Thunder Bay ON, P7B 5N3

Tel: 807 623-6131  
Fax: 807 623-0355

Quinte, Kingston, Rideau  
(Southeaster Ontario) DHC  
471 Counter St., Suite 400  
Kingston ON, K7M 8S8

Tel: 613 549-5253  
Fax: 613 542-9223

Simcoe-York DHC  
1091 Gorham St., Suite 300  
Newmarket ON, L3Y 7V1

Tel: 905 830-9899  
Fax: 905 830-9903

Thames Valley DHC  
100 Collip Circle, Suite 105,  
Gordon J. Mogensen Bldg.  
London ON, N6G 4X8

Tel: 519 858-5015  
Fax: 519 858-5016

Waterloo Region -  
Wellington-Dufferin DHC  
251 Woodlawn Rd. W.,  
Woodlawn Square.,  
Units 217 & 218  
Guelph ON, N1H 8J1

Tel: 519 836-7440  
Fax: 519 836-7177

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