

Diabetes Educator Course

November 22 - 25, 2010

The Coast Coal Harbour Hotel
1180 West Hastings Street
Vancouver, BC

Offered by:

Barbara King Hooper
RN, MScN, CDE

** Limited Registration **

In cooperation with:



Interprofessional Continuing Education
The University of British Columbia
A Team Approach to Learning





COURSE DESCRIPTION:

This four day course in diabetes education is ideal for health professionals who desire to enter the dynamic and rewarding field of Diabetes Education or for those who wish to update their skills and knowledge in this area. In a collaborative group setting, through lectures, large and small group discussions and case studies, participants will hear from various professionals who will highlight the critical knowledge, skills and strategies needed to increase their understanding of diabetes management and education. Opportunity will also be given to learn about the latest innovations in diabetes treatment from leading medical technology and pharmaceutical companies in the field of diabetes care during our interactive exhibitors luncheon. Participants will come away with a solid foundation in diabetes education and management and will be well equipped to share this knowledge with others.

WHO SHOULD ATTEND:

This course will be of interest to health professionals currently involved with, or interested in diabetes education and management which include the following:

- Registered Nurses
- Dietitians
- Nutritionists
- Physicians
- Exercise Specialists
- Pharmacists and other health professionals

PRE-READING REVIEW:

All applicants must obtain and review a copy of the CDA Clinical Practice Guidelines in advance of the course. The guidelines can be found at: www.diabetes.ca

CREDITS:

This course is eligible for credits towards your Canadian Diabetes Educator Certification Maintenance Credit Portfolio. For more information please visit the Canadian Diabetes Educator Certification Board at www.cdec.ca

WHAT YOUR REGISTRATION INCLUDES:

- Certificate of Attendance
- Detailed Resource Material and Handouts
- 1 Breakfast, 2 lunches, 1 dinner and refreshment breaks.

LOCATION AND HOTEL INFORMATION:

This course is being held at **The Coast Coal Harbour Hotel** located at 1180 West Hastings Street, in Vancouver, BC.

Reservations may be made by calling toll-free 1-800-716-6199. For more information about the hotel, please visit their website at www.coasthotels.com

A block of rooms has been set aside at a special rate of **\$139.00/night** (single or double occupancy), which will be applicable to all dates booked between November 19, 2010 and November 28, 2010. These rooms will be available until October 22, 2010. Please call The Coast Coal Harbour Hotel directly for reservations and further information.

CANCELLATION POLICY:

The UBC Department of Interprofessional Continuing Education reserves the right to cancel this course if registration is insufficient. In the event of cancellation, a full refund will be given.

REFUNDS/TRANSFER:

If written notice of withdrawal is received one month prior to the course, the registration fee will be refunded less a \$50.00 handling charge. No refunds will be granted for withdrawals after **Friday, October 22, 2010**. There is a \$25 replacement charge in case of a registration transfer. Please contact us prior to **October 22, 2010** if you cannot attend and would like another person to come in your place.

PROGRAM UPDATES:

Please note that this is a preliminary program and is subject to small changes. For updates to the program, please visit our website at www.interprofessional.ubc.ca

EXHIBITORS/SPONSORSHIP:

There will be an exhibitor luncheon on Tuesday, November 23rd from 11:45 a.m. - 1:15 p.m. If your organization is interested in exhibiting, or sponsorship opportunities, please contact Yolande Chang via email: ipdocs@interchange.ubc.ca

OTHER ENQUIRIES:

If you have any questions that have not been addressed by this brochure, please feel free to contact Yolande Chang.

email: ipdocs@interchange.ubc.ca

phone: 604-822-7708,

or visit our website: www.interprofessional.ubc.ca

Course Outline

Monday, November 22

- 8:30 a.m. Registration & Continental Breakfast
- 8:45 a.m. Welcome & Introduction
Barbara King Hooper, MScN, RN, CDE
Diabetes Educator Course Coordinator, Diabetes Clinical Nurse Specialist, Oakland Children's Hospital, Oakland, CA, USA
- 9:15 a.m. Overview of Diabetes
- 10:15 a.m. Break
- 10:30 a.m. Pharmacological Management of Diabetes
Anar Dossa, BScPharm Pharm D CDE Staff
Development Coordinator and Outpatient Diabetes and Kidney Clinic Pharmacist, Pharmaceutical Sciences, Vancouver General Hospital, Vancouver, BC
- 12:00 p.m. Lunch (Provided)
- 1:00 p.m. Nutrition in Diabetes
Sharon Leung, Clinical Dietitian, RD, CDE, Diabetes Centre, Vancouver General Hospital
- 2:30 p.m. Break
- 2:45 p.m. Exercise in Diabetes
Cathy Potkins, BHK, MPAS, ACSM Exercise Specialist, Chronic Disease Consultant, Nelson, BC
- 4:00 p.m. Adjourn

Tuesday, November 23

- 8:30 a.m. Review
Barbara King Hooper
- 9:00 a.m. Chronic Complications of Diabetes
Breay Paty, MD, FRCPC, Clinical Associate Professor, Division of Endocrinology, University of British Columbia, Vancouver, BC
- 10:30 a.m. Break
- 10:45 a.m. Acute Complications of Diabetes
TBA
- 11:45 a.m. Exhibitor's Luncheon (Provided)
- 1:15 p.m. Diabetes and Pregnancy
Sharon E. Kozak, BSN, CDE Perinatal Clinical Educator, BC Women's Diabetes Pregnancy Service, Vancouver, BC
- 2:15 p.m. Break
- 2:30 p.m. Diabetes in Preteens and Teens
Daniel L. Metzger, MD, FAAP, FRCPC, Pediatric Endocrinologist, BC Children's Hospital and Clinical Professor, Department of Pediatrics, The University of British Columbia, Vancouver, BC
- 3:30 p.m. Adjourn
- 6:00 p.m. Course Dinner (Provided)

Wednesday, November 24

- 8:30 a.m. Review
Barbara King Hooper
- 9:00 a.m. Diabetes in Older Adults
TBA
- 10:00 a.m. Break
- 10:15 a.m. Diabetes from a First Nations Perspective
Lori Sellars, MEd., BSN, Health Analyst and Consultant, Secwepemc Nation, Vancouver, BC
- 11:45 a.m. Lunch (ON YOUR OWN)
- 1:00 p.m. Tools and Technology for Monitoring: Meters, Pumps, Sensors
Barbara King Hooper
- 2:45 p.m. Break
- 3:00 p.m. Pattern Management of Intensive Insulin Therapy
Barbara King Hooper
- 4:00 p.m. Adjourn

Thursday, November 25

- 8:30 a.m. Review
Barbara King Hooper
- 9:00 a.m. Helping People Learn
Barbara King Hooper
- 11:00 a.m. Break
- 11:15 a.m. Living with Diabetes
Nicola Cavendish, Actress, Director, Writer
- 12:45 p.m. Adjourn
Have a safe journey home!



BARBARA KING HOOPER



Barbara King Hooper is a Certified Diabetes Educator and has coordinated the Diabetes Educator Course for over 15 years. She has a solid track record of effective patient education, continuing education workshops, diabetes education program development and evaluation, and health-related research. Barbara's extensive experience and expertise as a nurse and health educator in inpatient, outpatient, long-term care, and community settings, allow her to pinpoint today's hot issues and provide a comprehensive, innovative program for all levels of health-care professionals.

Registration Form

IN9564

EARLY BIRD RATE:

Before November 1st, 2010:
\$695 + HST = \$778.40

After November 1st, 2010:
\$795 + HST = \$890.40

A limited number of seats are available so please **REGISTER EARLY**. We recommend that you register at least one week in advance of these seminars to ensure that you receive all resource materials when you sign in at the event.

Mr. Mrs. Ms. Dr.

Last Name First Name

Profession/Title

Organization

Mailing Address

City Province/State

Country Postal/Zip Code

Daytime Telephone Number Fax No.

*E-mail Address

*Yes, I will attend the course dinner

*Yes, I allow for my email address to be available on the participant list.

*No, I do not allow for my email address to be available on the participant list.

You will receive a tax receipt a couple of weeks after we receive your payment. It will be directly mailed to the mailing address that you supply above. **Please Note:** A \$25 processing fee will be charged for the re-issue of lost tax receipts.

To register ONLINE:

www.interprofessional.ubc.ca

To register by PHONE:

Local Calls: 604-827-3112
Long Distance: 877-328-7744

To register by FAX:

Send completed registration form to: 604-822-4835

To register by CREDIT CARD:

(We do not accept American Express.
We apologize for this inconvenience.)

Please select one:

VISA
 Mastercard

Credit Card Number Expiry Date

Name of Cardholder

We are unable to register anyone without a payment by VISA, MasterCard, or Cheque received at the time of the registration.

To register by CHEQUE:

Please make your cheque payable to the University of British Columbia and send to: Interprofessional Continuing Education, UBC, Room 105-2194 Health Sciences Mall, Vancouver, BC V6T 1Z3.