

September 28-30, 2010

Courtyard by Marriott  
Downtown Toronto



# Taking Action on the Built Environment

## Building Healthy Public Policy

Preliminary Program and Registration Brochure

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## Collaborators



**OPHA's Workgroups on:** Access, Equity, and Social Justice; Built Environment; Environmental Health; Food Security; Injury Prevention: Violence Prevention.

In addition, public health professionals from many of the Ontario public health units were instrumental in the planning of this event. The Board of Health Section of the Association of Local Public Health Agencies (aLPHa) will hold its fall meeting on September 28 in conjunction with this event.

## Sponsors



## Going Green

OPHA and HPO are working hard to implement green initiatives at the 2010 conference. Again this year, the Registration Brochure will be available and distributed only as an electronic file, thus substantially reducing our use of print. The final program book that will be distributed in hard copy at the Forum will be a smaller document containing fewer pages with only the most relevant information. In addition, the planning committee is working with the Courtyard by Marriott Downtown Toronto staff to ensure foods and beverages are served in environmentally responsible materials, products are recycled and/or reused as much as possible, and local food items are used when possible. The planning committee would also like to encourage delegates to consider reducing the environmental impact of their travel to and from the conference by using the GO Train and TTC, carpooling, or purchasing carbon offsets.



# Taking Action on the Built Environment

## Building Healthy Public Policy

OPHA Fall Forum  
HPO Annual Conference  
September 28-30, 2010

Courtyard by Marriott  
Downtown Toronto

### Forum Description

The goal of the OPHA Fall Forum is to provide an opportunity for public health and other professionals working on the built environment to shape and advance policies in order to create healthier, more equitable, and more sustainable communities.

During the Forum, participants from a variety of disciplines and sectors will work collaboratively to achieve the following objectives:

- Review current built environment policy initiatives related to recreation, food access, transportation, housing, and injury/violence prevention.
- Develop potential policy solutions that go beyond current practice using a health equity lens.
- Establish concrete next steps to further built environment policy initiatives that will lead to healthier communities.
- Develop new partnerships between public health and other disciplines to support improvements in the built environment in their communities.

It has become clear that promoting the health of communities requires a concerted effort to address built environment policy issues. Public health professionals must work in collaboration with professionals from other disciplines to identify viable solutions. For this event, we have designed five, concurrent think-tank sessions:

- Improving Access to Recreation in the Built Environment
- Healthy & Sustainable Transportation Choices: From Vision to Reality
- Building Access to Healthy Food
- Building Safe Communities for the Prevention of Injury and Violence
- Healthy Housing Environments: Access, Equity and Quality

At the end of the Forum, the recommended local, regional, and provincial actions from each think-tank session will be synthesized into overall recommendations that can be used to inform the work of local and provincial partnerships between public health and other sectors.

## OPHA Fall Forum Overview

### Tuesday, September 28, 2010

- 4:00 – 6:00 p.m. OPHA AGM
- 7:00 – 7:45 p.m. Keynote – Healthy Built Environments – What Would Chadwick Do?  
*Dr. David Mowat, Medical Officer of Health - Region of Peel Public Health*
- 7:45 – 8:45 p.m. Keynote Panel – TBD
- 8:45 – 10:00 p.m. OPHA Awards Ceremony and Welcome Reception

### Wednesday, September 29, 2010

- 8:30 – 8:35 a.m. Opening Remarks
- 8:35 – 9:20 a.m. Keynote – Public Health and our Built Environment: Drawing the Roadmap for Change  
*Dan Leeming, The Planning Partnership*
- 9:20 – 9:30 a.m. Expectations for the Day –  
*Kim Bergeron, Facilitator*
- 9:30 – 10:00 a.m. Break & Exhibits
- 10:00 – 12:00 p.m. **Concurrent Think Tank Sessions**
- 12:00 – 1:00 p.m. Lunch & Exhibits
- 1:00 – 3:00 p.m. **Concurrent Think Tank Sessions (cont'd)**
- 3:00 – 3:30 p.m. Break & Exhibits
- 3:30 – 4:30 p.m. Moving to Action – *Kim Bergeron*

## OPHA Fall Forum Keynote Speaker Biographies

### Healthy Built Environments – What Would Chadwick Do?



#### **David L. Mowat**

**MBChB, MPH, FRCPC, FFPH**

*Medical Officer of Health, Region of Peel*

Dr. David Mowat is the Medical Officer of Health for the Region of Peel, the second largest, and fastest growing, health unit in Ontario.

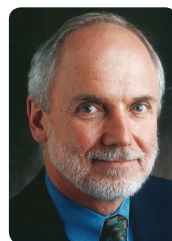
During his career, Dr. Mowat has held positions at local, provincial and national levels. Prior to joining The Region of Peel in 2007, Dr. Mowat was Deputy Chief Public Health Officer at the Public Health Agency of Canada.

Previous appointments include Consultant in Maternal and Child Health in the Public Health Branch of the Government of Newfoundland, Medical Officer of Health for Kingston and area, and Chief Medical Officer of Health for Ontario.

He has been responsible for national initiatives to strengthen public health practice including surveillance systems, knowledge translation, workforce development, and public health information, law and ethics. Dr. Mowat chairs the Built Environment Working Group of the Urban Public Health Network and is a leader of the Healthy Canada by Design initiative.

Dr. Mowat received his medical training at the University of Edinburgh, and a master's degree in public health from the University of California at Berkeley. He is also a fellow in community medicine of the Royal College of Physicians and Surgeons of Canada and a Fellow (by distinction) of the Faculty of Public Health of the Royal Colleges of Medicine (UK). He is an adjunct faculty member at Queen's, the University of Toronto and McMaster University.

### Public Health and our Built Environment: Drawing the Roadmap for Change



#### **Daniel H. Leeming**

**BA, Dip CP, MES, FCIP, RPP**

*Urban Planning and Design*

Dan is a founding partner of The Planning Partnership and has worked on the design and development of new towns and various sizes of planned communities for private and

public agencies throughout Ontario and the United States over his 35 years of experience. His areas of expertise include community planning, from regional to neighbourhood scale with the application of urban design, sustainable initiatives and facilitation to create meaningful and complete communities while satisfying the needs of the marketplace.

Many of his projects have received awards not only from Provincial and National Planning Associations, but from private sector building and development organizations.

Dan also works with various universities, is an adjunct professor at the University of Guelph, and teaches Urban Design at the University of Toronto. He has also authored several articles for the Ontario Planning Journal on topics such as changing energy needs, public health and urban design, our aging society and sustainable innovation in community design.

Dan is an active founding member of the Urban Design Working Group within the Ontario Professional Planners Institute, and a Board Member with the Council on Canadian Urbanism (CanU) as well as Active Healthy Kids Canada. As the former Vice Chair of the Toronto Design Review Board, he is currently a member of the Mississauga Urban Design Advisory Panel, and co-chairs the Canadian LEED-ND review committee.

## Panel Discussion

Tuesday, September 28, 2010

7:45 – 8:45 p.m.

### **Evening Panel Discussion**

**Purpose:** Most planners, public health officials and many political decision makers recognize, or are beginning to recognize, the importance of land use planning and regional/city planning to health and health equity. The purpose of this discussion is to identify barriers and opportunities for taking effective action. Dr. David Mowat will moderate this session. Panelists will include representatives from public health, planning, and politics.

## Special Events and Meetings

September 28, 2010

4:00 p.m.

### **OPHA Annual General Meeting**

All conference delegates are invited to attend OPHA's Annual General Meeting. This is a highlight of the conference which showcases OPHA's advocacy role in public health. OPHA members debate and vote on resolutions which provide directions for advocacy activities for the organization. All attendees are welcome to participate in the proceedings. However, only OPHA members are allowed to vote. Members must register before the meeting to be eligible to vote. Members can register online until September 20<sup>th</sup> and on-site at the Courtyard by Marriott at 3:30 p.m., September 28, 2010.

8:45 – 10:00 p.m.

### **OPHA Awards Ceremony and Welcome Reception**

The Annual OPHA Awards Ceremony recognizes outstanding achievements in public health and provides an opportunity to showcase our commitment to interdisciplinary collaboration and professional excellence. Highlights of this social event include presentation of:

#### **The OPHA Honorary Membership Award**

This award confers honorary OPHA membership on an individual who has made outstanding contributions to public health in Ontario.

#### **OPHA Life Membership Award**

This award recognizes the outstanding contributions of an individual OPHA member to the development of the organization.

#### **The Dr. Sheela Basur Scholarship**

An annual monetary award available to current staff in public health who are returning to a post secondary institution for further education, or students planning to enter the public health workforce and currently enrolled in a public health focused field of study at the undergraduate or graduate level.



Following the Awards Ceremony, we invite you to join the OPHA President for refreshments and an opportunity to network informally with your colleagues, meet OPHA Board Members, and make new friends to set the stage for exciting sessions the next day.

## Concurrent Think-Tank Session Details

### Improving Access to Recreation in the Built Environment

#### Overall Objective

Participants will develop concrete policy recommendations and a framework for action to improve access to recreation across Ontario.

#### Background Information

Despite the fact that the benefits of recreation are embraced and well documented, not everyone in Ontario has equal access to recreation opportunities. Improving health through physical activity could significantly reduce health care costs as recent estimates of the cost of health care spending related to physical inactivity range from \$2.1 billion to \$5.3 billion, representing as much as 4.8% of total health care costs<sup>1</sup>. Given the benefits of recreation to individuals and society as a whole, the importance of improving access to structured (e.g. team sports, lessons, etc.) and unstructured (e.g. walking trails, bike paths, etc.) recreation opportunities in the built environment is a policy issue that warrants further consideration and exploration.

#### Session Format

This session will focus on the issue of access to recreation in the built environment. Specifically, the session will begin with a brief overview of the importance of access to recreation and the barriers to accessing recreation. Following the introduction, a panel of experts from a variety of disciplines (e.g. planning, health, recreation, policy, etc.) will share their knowledge and opinions on the issue of improving access to recreation in the built environment. After the panel discussion, work group participants will be invited to engage in a facilitated, lively discussion about the issue and necessary actions to tackle the issue.

After lunch, a presentation will showcase innovative and promising practices related to improving access to both structured and unstructured recreation opportunities in the built environment. Examples of promising practices regarding improving access to recreation will include examples of bringing nature back to cities, providing and creating natural and built recreation infrastructure (e.g. trails, parklands, open spaces, water resources, etc.), creating opportunities for affordable access to recreation and strategies to gain support for providing access to recreation from stakeholders.

#### Expected Outcomes

The session will bring together health, policy, recreation, environment, and planning professionals to explore the policy issue of access to recreation in the built environment in depth. Following the innovative and promising practices presentation, participants will have an opportunity to work together to develop concrete policy recommendations and a framework for action to address the issue of access to recreation with the goal of ensuring that everyone in Ontario can participate in recreation opportunities.

<sup>1</sup>Peter T. Katzmarzyk, Norman Geldhill and Roy Shepard, "The Economic Burden of Physical Inactivity in Canada," *Canadian Medical Association Journal* 163, 11 (November 28, 2000), pp. 1435-1440.

### Healthy & Sustainable Transportation Choices: From Vision to Reality

#### Overall Objective

Participants will team up to identify key policies and actions around which people from different disciplines can join forces to promote healthier transportation choices, and identify barriers that stymie efforts at true collaboration.

#### Background Information

There is growing consensus on the need to create a more balanced transportation system that effectively supports active transportation and public transit to produce social, health, environmental and economic benefits for society. The reality is that there are challenges, policy conflicts, and obstacles that make it difficult to achieve this vision.

#### Session Format

This session will bring together land use planners, public health staff, transportation planners, engineers and community activists to discuss: the conditions needed to create healthy and sustainable transportation options for people in our communities; the obstacles that need to be overcome; the lessons learned in communities where progress is being made; and how and where we can better collaborate across disciplines and fields to achieve our common goals.

This 4-hour session will be split into three parts. It will begin with presentations from a transit specialist, a cycling advocate, a land use planner, and a transportation demand management (TDM) practitioner on actions needed to encourage a healthy and sustainable transportation system, the obstacles and/or policy conflicts that must be identified and overcome, and the opportunities for partnership associated with the four sub-themes:

- Steps to Strides: Strategies for Creating Walkable & Transit-Supportive Communities
- Public Transit & Healthy Communities: Opportunities & Challenges
- Share the Road: Creating Political Support for Cycling Infrastructure
- Balancing the Transportation System: Policies that Support Sustainable Transportation

It will include small group discussions on each of these four sub-themes directed at the identification of pivotal policies and/or actions around which people from different fields can collaborate. It will end with a report back to the larger group from each of the small groups and a general discussion about where we go from here.

#### Expected Outcomes

Participants will leave the session with a greater understanding of the diverse perspectives in the transportation field and strategies that will help bring professionals together to tackle the challenge of creating transportation systems that encourage active travel and the use of public transit.

## Concurrent Think-Tank Session Details

### Building Access to Healthy Food

#### Overall Objective

Participants will generate policy solutions to address the issue of inequitable access to healthy foods in their communities through presentations and discussions about regulatory instruments, successful land use plans, and community-based strategies for addressing barriers.

#### Background Information

Improving access to fresh, healthy, and affordable foods is an important step in promoting healthy diets and positive health outcomes among people living in Ontario. Food availability may be related to people's food purchasing decisions, diet qualities, income, mobility, and overall health. In Ontario, as in Canada and the United States, the picture of food access as it relates to the built environment reveals inequitable availability of healthy, nutritious food among communities. A greater availability of less healthy food sources in lower-income neighbourhoods has been well documented in Canadian cities. The lack of access to healthy food in rural, suburban and urban communities across Ontario, is an issue that demands immediate attention.

#### Session Format

This session will focus on the impact of land use planning decisions on access to healthy food sources both in the rural and urban environment. Although it is recognized that 'access' to healthy food depends on many factors, this session will focus on how the built environment influences the availability of healthy food. In particular, we will:

- (i) explore regulatory instruments, such as zoning, that can be used to execute public health policies related to food access in your community, and
- (ii) challenge the inequities in access to healthy food by focusing on activities that can be carried out by public health practitioners, planners and others to improve access.

The session will be supported by presentations on

- the evidence linking health and access to healthy food;
- examples on how municipalities have used land use planning to increase access to food; and
- community-based strategies that have worked in breaking down the barriers to availability of healthy foods in the community.

#### Expected Outcomes

This session will encourage participants to not only generate ideas about addressing food access as it relates to the built environment, but will also provide the knowledge, tools and contacts necessary to help develop their own integrated, cross-sectoral policies in their respective communities.

### Building Safe Communities for the Prevention of Injury and Violence

#### Overall Objective

Participants will identify effective strategies for policy change at the community level, focusing on aspects of the built environment that will support the prevention of injury and violence as it relates to healthy child development.

#### Background Information

In communities across Ontario, injury and violence result in large economic costs and often catastrophic human costs. For example, in 2004 injury cost the Ontario economy a total of 6.8 billion dollars, and of that, \$3.7 billion was spent on direct health care costs. Instead of letting these numbers overwhelm us, this workshop will help identify opportunities for improvement. By paying attention to how we can change the way communities are built, it will be possible to see significant and much needed reductions of both the human and economic burden of injury and violence in Ontario.

#### Session Format

During this session, participants will explore the relationship between the built environment and injury and violence prevention while engaging in discussions to identify key policy solutions, implementation strategies, and tools for evaluating and advocating for change. Intentional and unintentional injuries will be addressed in the specific area of Child Friendly Cities.

This workshop will address health inequities within Ontario, specifically, safety challenges in communities as they relate to children. In addition to public health personnel and important government representatives, this session will bring together urban planners, community workers, advocacy agencies, and others. Participants will learn how the social determinants of health and community mapping can be utilized to build effective public policy for changes to the built environment at the community level. Participants will also discuss the work that needs to be done to address the issue of injury and violence among children in relation to the built environment by identifying policy implications, strategies for collaboration, obstacles to be overcome, and next steps for communities to move forward.

#### Expected Outcomes

Participants will leave the workshop with knowledge, tools and contacts to take back to their communities to develop integrated, cross-sectoral policies in the area of the built environment along with injury and violence prevention with a focus on creating safe communities.

## Concurrent Think-Tank Session Details

### Healthy Housing Environments – Access, Equity and Quality

#### Overall Objective

Participants will explore the interconnections between social inequities and indoor environmental health and engage in solution-based, facilitated discussions to identify policy gaps, opportunities, and key partnerships for addressing indoor environmental health issues.

#### Background Information

Access to affordable housing is a key determinant of health at the individual, family and community levels. In addition to providing shelter, security and a stable foundation for daily life, housing must also be constructed and maintained in such a way that it does not pose a health threat. Unfortunately, this is too often not the case, particularly for people living in poverty and for vulnerable sub-populations, including children, the elderly and people with environmental sensitivities. Lead from deteriorating paint in older dwellings, off-gassing of toxic fumes from flooring, surface coatings, adhesives and furnishings, asbestos that has not been adequately sealed off, moulds arising from poorly maintained plumbing and/or improper moisture control, heavy pesticide use to combat pest problems that are related to poor building maintenance, and inadequate ventilation are among the environmental health hazards that can cause and/or exacerbate health problems and contribute to social and health inequities.

#### Session Format

This session will explore the interconnections between social inequities and indoor environmental health. It will bring together people who are working to increase access to affordable housing with those who are working to reduce environmental health risks in the built environment. It will also engage those who are involved in building and/or retrofitting low-income housing as well as landlords, tenant advocates and others. This session will encompass a range of perspectives including: public health practitioners (including inspectors), property owners, social services and child care providers. These perspectives will allow for open, engaged and solution-based discussions.

Facilitated roundtable discussions will be preceded by thought-provoking presentations on the following topics:

- Risks to lifelong health associated with contaminants (such as radon, lead, mould) in the indoor environment – state of the evidence
- Healthy Retrofits (presentation by representative of CPCHE/CELA project on healthy retrofits)
- Energy poverty (i.e., the poverty and risk of homelessness associated with high home energy costs, often exacerbated by the tendency of low-cost housing to be energy inefficient and inadequately weatherized)

#### Expected Outcomes

The focus will be on identifying policy gaps and opportunities, and exploring possible ways in which environmental health protection and affordable housing efforts can be made more mutually reinforcing.

For details about think-tank speakers and panelists please continue to check the website: [ophaconference.ca](http://ophaconference.ca)

## About Health Promotion Ontario

#### About Health Promotion Ontario:

Active since 1987, Health Promotion Ontario (HPO) is a network of Health Promotion practitioners working in the province of Ontario, Canada. Our members are employed in Public Health Units, Health Promotion Resource Centres and Community Health Centres throughout the province.

#### Mission Statement:

Health Promotion Ontario encourages and supports the development of public health activities based in health promotion philosophy, process and research.

#### Definition of Health Promotion

Health promotion is the process of enabling people to increase control over and improve their health. This process is based on the understanding that social conditions and personal actions both determine health. Hence, health promotion activities move beyond disease prevention and health education to address social change, institutional change and community change, in addition to changes in personal behaviours.

## Health Promotion Ontario Annual Conference Overview

**Conference Theme:** Food security as it relates to the social determinants of health

Food security exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food to meet their food preparation abilities, dietary needs and food preferences for an active and healthy life. Food security is a key ingredient of the social determinants of health and as such is directly connected to the others, particularly income. Without addressing food security as part of our built environment we cannot have long term sustained success in the area of healthy eating and wellness. The goal for the 2010 HPO Annual Conference is to consider food security as a root cause for poor nutrition, rather than personal choice, and the importance of creating a supportive food secure environment as the foundation for healthy eating programs.

### Thursday, September 30, 2010

9:00 – 9:15 a.m.	Welcome and Introductions	1:00 – 1:30 p.m.	HPO AGM
9:15 – 10:30 a.m.	Keynote – <i>Dr. David McKeown, Medical Officer of Health - Toronto Public Health</i>	1:30 – 2:45 p.m.	Workshop #1 – <i>Moe Garahan, Executive Director - Just Food Ottawa</i>
10:30 – 10:45 a.m.	Break	2:45 – 3:00 p.m.	Break
10:45 – 12:00 p.m.	Success Stories – Food Security Programming (CHC/Health Unit)	3:00 – 4:15 p.m.	Workshop #2 – <i>Katherine Pigott, Manager - Region of Waterloo Public Health</i>
12:00 – 1:00 p.m.	Lunch	4:00 – 4:30 p.m.	Presentation of Lori Chow Award Closing Remarks – HPO Executive

## Health Promotion Ontario Speaker Biographies



### **Dr. David McKeown**

Dr. David McKeown is Medical Officer of Health for the City of Toronto and Executive Officer of the Toronto Board of Health.

He leads Toronto Public Health, Canada's largest local public health agency, which provides public health programs and services for 2.6 million residents. He is a physician specialist who has worked in the public health field for twenty-five years. Dr. McKeown is also an Adjunct Professor in the Dalla Lana School of Public Health at the University of Toronto.



### **Moe Garahan**

Moe Garahan has been working on food security issues in Ottawa since 1995. She was part of the founding teams in Ottawa for the Good Food Box, the

Community Garden Network and the Ottawa Food Security Council (OFSC). Moe has been Director of Just Food (previously OFSC) since 2004. Moe is passionate about connecting people to their food sources. She believes we can create a sustainable system in Ottawa, with fair wages for farmers, high quality foods in our homes, schools and businesses and sufficient food for those struggling to meet their basic needs in a way that keeps our environment healthy and our taste buds hopping!



### **Katherine Pigott**

Katherine Pigott has worked at Region of Waterloo Public Health since March 2000. A key part of her role has been the development of a comprehensive

local food systems plan in Waterloo Region as Manager of the Healthy Eating and Active Communities Team. Katherine has over twenty years experience in community based planning, systems change and policy formulation that spans health promotion, economic development, crime prevention, and environmental planning. In the course of her work, she has launched several businesses and non-profit ventures to meet social needs. She serves on the Executive of Health Promotion Ontario, Steering Committee of Food Secure Canada and co-chairs the Economic Development Committee of the National Food Security Coalition (United States). Katherine is an avid long distant cyclist and lives in Kitchener, Ontario.

## Hotel and Travel Information

### Hotel

As the designated conference hotel, **the Courtyard by Marriott Downtown Toronto**, at 475 Yonge Street, has reserved a block of rooms at a group rate of \$159.00 plus 13% taxes per night, single or double room for September 28-30, 2010. Triple and quad occupancy is an additional \$15 and \$30 respectively per day per person. This room rate will be subject to availability at the time of reservation.

Please reserve your accommodations by August 27, 2010 by contacting Courtyard by Marriott at 1-800-847-5075 or directly at (416) 924-0611 and quoting the group name "Ontario Public Health Association." Reservation requests received after August 27, 2010 will be at the hotel's prevailing rate based on availability. Guaranteed reservations may be cancelled by 4:00 p.m. 24 hours prior to the day of arrival without incurring a cancellation charge. Any cancellation within 24 hours will result in a charge equivalent to the cost of the first night's stay at the agreed rate plus taxes. If you are checking in after 4 p.m. please guarantee your reservation with payment, otherwise rooms not guaranteed will be released after 4 p.m. on the arrival date. Please inform the hotel of any special room needs. Check-in time is 3:00 p.m., and check-out time is 12:00 p.m.

**Please note:** In order to meet the hotel's revenue requirements with regard to hosting our event, we have contracted with Courtyard by Marriott Downtown Toronto to use a prescribed number of guest rooms. Please assist us in meeting our contractual obligation to the hotel by staying at Courtyard by Marriott Downtown Toronto.

Conference organizers encourage delegates to think about their impact on the environment and consider carpooling, VIA Rail or GO Train where possible.

### Travel

The hotel is located at 475 Yonge Street in Toronto, Ontario. We encourage you to use public transportation to get to the hotel. The main entrance is one block north of the College subway station, off of Wood Street.

### Parking

- Underground Valet parking fee: \$30 for 24 hour period; in/out privileges
- Valet Day parking 8 AM - 6 PM: \$15 daily; \$8 hourly
- Underground Self-parking fee: \$25 for 24 hours; no in/out privileges
- Off-site parking fee in surrounding area: range between \$4 hourly - \$25 daily
- Parking garage clearance is 6 feet / 1.8 meters

### Driving Directions

#### **From Toronto Pearson International Airport - YYZ:**

Upon exiting the airport, take highway #427 south to Gardner Expressway (EAST). Follow directional signs to downtown Toronto. Exit onto Yonge Street north, continue until you come to Wood Street (one block north of College Street on right hand side). The hotel entrance is located off of Wood Street just east of Yonge Street.

Estimated taxi fare: 55.00 CAD (one way)

#### **From Toronto City Centre Airport - YTO:**

Exit Toronto City Centre Airport. Take Bathurst Street to Queens Quay West. Turn right. Take Queens Quay West to Yonge Street and turn left. Take Yonge Street north and continue north until you come to Wood Street (one block north of College). The hotel entrance is located off of Wood Street just east of Yonge Street.

Estimated taxi fare: 15.00 CAD (one way)

This hotel does not provide shuttle service.

Alternate transportation: Bloomingdale Limo Service available on request from the Courtyard by Marriott Downtown Toronto; please call the hotel directly.

## Registration Information & Fees

Registrations will be processed online on a first-come first-served basis. Space is limited, so please register as early as possible at [www.ophaconference.ca/register](http://www.ophaconference.ca/register).

**OPHA and HPO Membership** OPHA and HPO members will receive a discount for their respective events. Please join OPHA and/or HPO via their websites to take advantage of these savings.

**Early Bird** To take advantage of the early bird reduced fees, your registration form and payment must be received by 5:00 pm August 13, 2010.

**General** Online registration will be accepted until 5 p.m. on September 20, 2010. After that date, please register on-site at the conference.

**On-Site** The on-site registration desk for the OPHA Fall Forum will be open from 3:30 p.m. to 8 p.m. on Tuesday, September 28, 2010 and at 7 a.m. on Wednesday, September 29, 2010. On-site registration for the HPO Conference will open at 8:00 a.m. on Thursday, September 30, 2010.

**Payment** Full payment must be submitted with your registration. Payment can be made by credit card or by cheque. If paying by credit card, please ensure that the credit card information is completed online in full.

If paying by cheque, you must still register online and select the cheque payment option. Cheques are payable to the Ontario Public Health Association. Please mail your cheque, along with the registration ID# that will be provided once your online registration has been completed to:

OPHA Fall Forum Secretary  
Ontario Public Health Association  
700 Lawrence Ave West, Suite 310 Toronto, ON M6A 3B4

Please note that registrations will not be accepted and confirmation will not be sent out until full payment has been received.

**Cancellation Policy** Notification of cancellation and requests for refunds can be made to OPHA by calling (416) 999-5989 or emailing [registration@eventives.ca](mailto:registration@eventives.ca) before 5:00 p.m. Friday, September 10, 2010. No refunds will be issued for cancellations received after that date. Refunds will be subject to a \$50 administration charge. Substitute delegates are permitted with advance notification.

**Shared Registrations** Due to the structure of the Forum and the nature of the Think Tank sessions, OPHA will not be offering a shared registration option this year.

Please register at [www.ophaconference.ca/register](http://www.ophaconference.ca/register).

### Special Offer!

Refer a public health partner who is from a discipline other than public health (planner, developer, etc.), and you both will be entered in a draw for one free registration reimbursement (up to \$225 value!).

Details on online registration form.

OPHA Annual General Meeting September 28th, 4:00 p.m. - Open to all Free

OPHA Fall Forum September 28 & 29

**Early Bird** (before 5 p.m. Aug. 13, 2010)

OPHA Member .....\$175

Non-Member .....\$200

**Regular** (after 5 p.m. Aug. 13, 2010)

OPHA Member .....\$200

Non-member .....\$225

Student member .....\$125

Student non-member .....\$150

OPHA Awards Ceremony and Welcome Reception September 28th, 8:45 p.m.

Concurrent Think-Tank Sessions September 29th, 10:00 a.m. - 3:00 p.m. (with lunch break)

- Improving Access to Recreation in the Built Environment
- Healthy & Sustainable Transportation Choices: From Vision to Reality
- Building Access to Healthy Food
- Building Safe Communities for the Prevention of Injury and Violence
- Healthy Housing Environments: Access, Equity and Quality

HPO Annual Conference September 30

**Early Bird** (before 5 p.m. Aug. 13, 2010)

HPO Member .....\$120

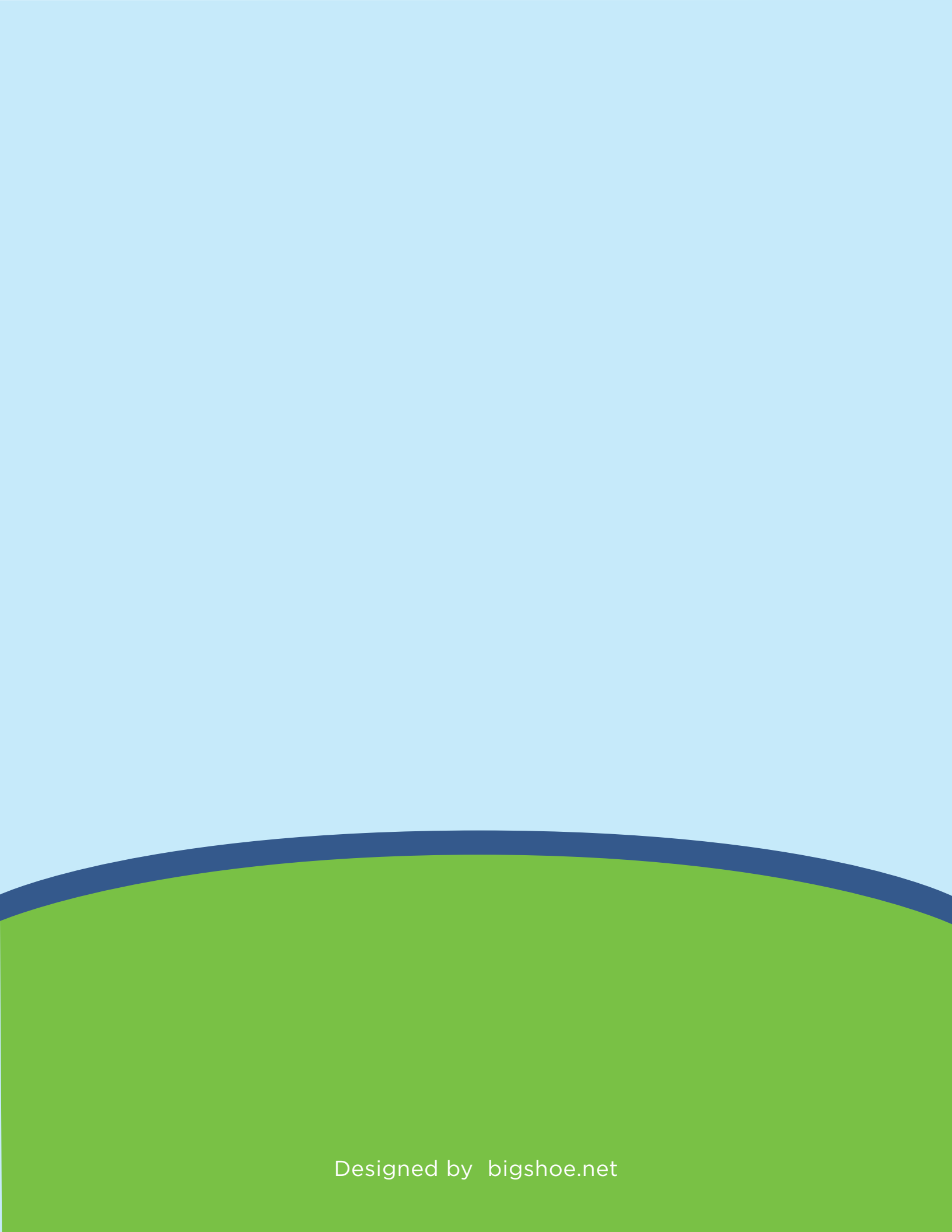
Non-Member .....\$130

**Regular** (after 5 p.m. Aug. 13, 2010)

HPO Member .....\$140

Non-member .....\$150

(OPHA registration fees include: Tuesday reception, and breakfast, lunch and two nutrition breaks on Wednesday. HPO registration includes breakfast, lunch and two nutrition breaks on Thursday.)



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